

SARA  
CANO  
DANCE  
COMPANY

# LA ES PE RA



GOBIERNO  
DE ESPAÑA

MINISTERIO  
DE EDUCACIÓN, CULTURA  
Y DEPORTE

inaem

INSTITUTO NACIONAL  
DE LAS ARTES ESCÉNICAS  
Y DE LA MÚSICA



Comunidad  
de Madrid

management

gestión integral de proyectos artísticos



Waiting is the material from which everyone's life is formed

- Miguel Albero





Waiting is the material from which everyone's life is formed. Even before we are born, someone has been waiting for nine months for our arrival. We say that this woman is expecting, or is late. When we pass away, the waiting is present again; we wait for twenty-four hours for the funeral, a waiting that we try to make easier to overcome by surrounding us with our loved ones. Moreover, in between these two intervals marked by waiting, there we find our life, also ruled by waiting. Each day of our life, there are moments for it; each morning we await the coffee to finish brewing to start our day; we await the traffic light to change to continue in our way to work; we anxiously await that special opening night, or the day to go to a concert or football match; that special day making all the waiting worthwhile.

Nothing in our life is more present than waiting, yet, despite this overwhelming patience that pervades our every day, we know nothing of it. We live through it patiently, yes, but without being prepared for it, without knowing exactly what it is. We have no dedicated time to analyse it, understand its nuances, or drawing its lines to make it more tangible and understandable. And, ironically, waiting is the best moment to think. It is in the solitude of waiting that we find the time to reflect on our life, dedicate a thought to the future, have a chance to dream, give in to our desires, or relent to our fears... At times it is where we despair, yet also where we find hope... There are so many ways of waiting, yet we really understand none of them.

Based on the book "Vademecum de la espera. Miguel Albero"



## CAST

Choreography and Performance: **Sara Cano**

Música preexistente: **Nils Frahm and Olafur Arnalds**

Original music: **Antonia Jiménez and Mercedes Cortés**

Sound Design: **Jorge Díaz**

Light and Sound: **Manuel Martínez**

Set Design: **Oscar Alonso**

Wardrobe: **Dolores Durán**

Photography and Graphic Design: **marcosGpunto**

Video: **Eva Viera**

Production: **Sara Cano Dance Company**

Production Assistant: **David Arrabal**

Distribution: **Elena Santonja · esmanagement.es**

**LA ESPERA** is a contemporary dance solo of a duration of 45 minutes.

Number of Performers: One

Number of People on Tour: Two (a technician and a dancer)



## SYNOPSIS

### TO MY BABY.

From this loneliness, or this waiting, which rules my days, I start to believe in this new state of good hope. From the unclear darkness which surrounds me I look for this sparkle, the first sparkle where everything is unwanted, and where everything new gives hope and puts a surprised smile on my face. This state of hope fills everything, gives meaning to everything, but it also fills me with questions and fear. This waiting fills my eyes with tears, sleep or life. This mixture of blindness and joy... Hopefully, yes, I will stay here.

Between the high and low points happening in my life, I find a place inside me to think or dream of you, to desire you. Anxiously I am waiting for you. Patiently, and at the same time, awaiting news of you drives me crazy. The greatest mystery in my life, the most perfect of miracles... My precious gift, my first sparkle, wherefrom everything is unexpected, all is new, where the biggest is the smallest... Yes, from here, I anxiously await you.

SARA CANO



Hourglass, line, shelter,  
patience, resignation, temperance,  
schedule, subpoena, ticket,  
calendar, alarm clock, stop.

Tools to control the waiting,  
objects for waiting, various resources,  
useful arguments, help.  
Because waiting is an activity  
of a thousand problems  
that require walking sticks and shields.

It creates a whole world of its own,  
where nothing is left or cushioned for us,  
even if it softens, sweetens or entertains,  
or if it puts our mind off time,  
beats or kills the time.

Reading, knitting, platform,  
Rosary, meditation, Sudoku,  
contemplation, comic, crossword,  
domino, television, crochet hook.  
Everything works, nothing gets in the way.  
If you are handy, you would know how to use them,  
In their just measure or without measure,  
to make that waiting alleviate you  
as the balsam you so sorely need.

APEROS DE LABRANZA ['Farm Implements'](MIGUEL ALBERO)



Sara Cano Durán  
66765205  
sarcanduran@gmail.com

**MANAGEMENT**

Elena Santonja  
ESMANAGEMENT  
666203137  
es@esmanagement.es  
www.esmanagement.es